

Healing from your divorce is not easy. It's a long, often painful process.

We want to help you on your journey toward recovery.

Bethany Divorce Recovery programs are offered throughout metro Detroit.



Bethany's Six Southeast Michigan Chapters offer peer to peer Ministry for the Healing and Support for All Divorced and Separated Persons

Bethany's friendly and experienced divorce facilitators are ready to help you.

Bethany Together

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Divorce Recovery

You don't need to go it alone

Bethany of Southeast Michigan

bethanysemi.org

Divorce Recovery

8-10 week programs (length varies with group size & meeting room schedule) covers:

*What's Happening to Me?
The Process of Divorce*

The Road to Healing / Self Image

Dealing with the Stress

Facing My Anger

Blame and Guilt

*Facing My Loneliness /
What does the Owners Manual Say?*

Forgiveness

Happiness

Thinking About New Relationships

Pathways to Growth / Moving On



You don't have to go through it alone.

Most people will tell you that separation and divorce are the most painful and stressful experiences they've ever faced. It's a confusing time when you feel isolated and have lots of questions about issues you've never faced before.

A Bethany Support Group is a friendly, caring group of people who will walk alongside you through one of life's most difficult challenges. Don't go through separation or divorce alone.

Bethany seminars and support groups are led by people who understand what you are going through and want to help. You'll gain access to valuable Bethany resources to help you deal with the pain of the past and look forward to rebuilding your life.

Bethany Divorce Recovery

Bethany Divorce Recovery Programs are forming now. Under the auspices of the Office for Family Life & Faith Support Groups of the Archdiocese Of Detroit, Bethany provides spiritual, social, and educational support to the divorced and separated.

Bethany peer to peer ministry holds weekly meetings to help you understand the challenges of separation and divorce and move you toward rebuilding your life.

Each Bethany Divorce Recovery session has two distinct elements.

A Seminar with Experts

During the meeting, each Bethany Group watches a professionally produced video seminar featuring top experts on divorce and recovery subjects. These programs are presented in a television magazine format featuring both real life case studies and expert interviews.

Focus

After viewing the video, Bethany Divorce Recovery members spend time as a support group with Bethany facilitators, discussing what was presented in that week's video seminar, and what is going on in the lives of each group member.